

EMERGENCY ACTION PLAN

VENUE SPECIFIC: Weight Room

If the situation is life threatening:

- **Call 911**

AND

- **Contact the nearest First-Aid/CPR Responder (i.e. Athletic Trainer, Campus Police Officer, UTD EMS)**

The following guidelines are suggested when you speak with the dispatcher:

- Hello, my name is _____. I am calling from the University of Texas at Dallas at the weight room; we have a victim who has suffered from a possible: Type of injury (head, neck, leg, etc.).
- The victim is (state one): conscious/unconscious.
- **Directions:** “We need an ambulance at 3000 Waterview Parkway in the weight room. Take Waterview Parkway to Synergy Park Blvd, turn

left just before Rutford Ave. The weight room will be located to the North end of the parking lot” (Map below is a visual aid to help you, the **red star** is where the ambulance will need to come)

- Someone will meet the ambulance in the parking lot and direct emergency personnel to the exact location of the victim.
- I am calling from: state your phone number
- **Answer any other questions from the dispatcher; hang up last!**



First Responder Roles:

- 1. Open appropriate doors near the entrance.**
- 2. Designate individual to meet EMS walk path near the SPN Wellness Center sign.**
- 3. Scene control: limit scene to first-aid providers and move bystanders away from the area (UTD coach, campus police, game day administrator can assist in this)**

If the situation is non-life threatening:

- Contact the nearest First-Aid/CPR Responder (i.e. Athletic Trainer, Campus Police, UTD EMS)

EMERGENCY COMMUNICATION:

- Personal cell phone(s)
- UTD Police Department: (972)-883-2222
- Emergency: 911
- Fixed landline accessible during normal hours in the Strength & Conditioning Staff Office: (972)-883-2046; (972)-883-5341

EMERGENCY EQUIPMENT (for competition):

- AED & CPR shield (At the Main Desk)
- Towels (Main Desk)

Athletic Training Facility

972-883-2009